

SIMIO HEALTH & WELLNESS

WOMEN'S HEALTH



P: 616.741.9555 F: 616.741.9559 simiohealth.com
8516 Homestead Dr., STE 107, Zeeland, MI 49464



DIAGNOSES WE TREAT

Pelvic Floor Physical Therapy

You deserve a quality health care provider that will listen, educate, and treat your body as a whole. Pelvic floor physical therapy is much more than “kegels” and treats a variety of diagnoses and dysfunctions. Look to the right to see a list of common diagnoses we treat! If you struggle with any of these, let us show you how to take back control of your pelvic floor and get you back to doing what you love most. Call to schedule an appointment today!

- Accidental leakage of urine
- The need to urinate frequently
- An uncontrollable urge to urinate
- Back or pelvic pain
- Constipation
- Organ prolapse
- Diastasis Recti
- Sciatica
- Tearing during birth
- Sexual dysfunction

Our bodies go through incredible changes during pregnancy and significant trauma during birth. Let us help you take care of your body so you can better take care of your loved ones!





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